Bernal Cafeteria News

We are expanding the line flow and POS Stations at Bernal!!

Monday, January 6, 2014

Main Area Meal Stations
Upper Crust/Fiesta Station
Honor Roll/Fast Takes Station
Salad and Toppings Bar
A La Carte Available

Small Gym Area Meal Stations
Traditions/
A La Carte Station

Build Your Own Sandwich/
Fast Takes Station
EVERYDAY CHOICES
Selections Subject to Change Based Upon Product Availability
Visit the Garden Bar for Additional Fruits and Vegetables

MONDAY Teriyaki Beef with Brown Rice
TUESDAY Pasta with Marinara Sauce and Dinner Roll
WEDNESDAY Turkey & Gravy over Mashed Potatoes with Buttermilk Biscuit
THURSDAY Turkey & Gravy over Mashed Potatoes with Buttermilk Biscuit
FRIDAY Sweet and Sour Chicken with Brown Rice

EVERYDAY CHOICES

MONDAY Meatball Sub
TUESDAY Cheeseburger / Hamburger
WEDNESDAY Turkey Hot Dog
THURSDAY Rib-B-Que Sandwich
FRIDAY WG Chicken Corn Dog

EVERYDAY CHOICES

MONDAY Hawaiian Pizza
TUESDAY Vegetarian Pizza
WEDNESDAY Hawaiian Pizza
THURSDAY Margherita Pizza
FRIDAY Pepperoni and Jalapeno Pizza

EVERYDAY CHOICES

MONDAY Turkey Ham & Cheese Sandwich / Vegetarian Taco Salad
TUESDAY American Combo Sandwich / Ranch Chicken Wrap
WEDNESDAY Sunbutter & Jelly Sandwich / Chicken Caesar Salad
THURSDAY Italian Sandwich / Crispy Chicken Wrap
FRIDAY Tuna Salad Sandwich / Buffalo Chicken Salad

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.