Drugs, Alcohol & Youth Parent Workshop

Rebekah’s Children Services has partnered with The Department of Alcohol & Drug Services to present a 90 minute workshop for parents.

Join us and be more informed

April 2, 2015

5:30pm-7:00pm

Bernal Intermediate School

For more information please call the Bernal Intermediate School

Topics Include

- Adolescent brain development and how alcohol and drugs affect the brain and body
- Substance use, abuse and addiction
- Various drugs that are being used by teens in Santa Clara County
- What parents can do, where to seek support, resources if they suspect use/abuse
- Effective parenting practices: communication skills, implementing limits, rules and consequences