A Note on the Netflix Series "13 Reasons Why"

Parents and guardians should be aware about a new television series with a sensitive theme that is expected to be popular with teenagers. The series is based on a 2007 bestselling novel with the same Netflix title, "Thirteen Reasons Why." The topics covered in this book are: adolescent bullying, rejection, heartbreak, sexual assault, abuse, revenge, depression, and desperate but unsuccessful efforts to find help or understanding. These topics are depicted as many of the reasons for the character's suicide at the end of the series. Series like this can be difficult to watch and could trigger feelings of distress in viewers.

In the event you and your student choose to view this Netflix series, parents and guardians may wish to discuss some of the issues mentioned above or may need support in discussing such issues. Although Netflix opened all 13 episodes for continuous viewing, metered viewing is advised to allow time to process and discuss themes and feelings that may arise.

Support staff at our schools are aware of this series and are available for students to meet and discuss any concerns as necessary.

Parents and guardians who would like to read more about this book/series, can use these two resources: Common Sense Media and 13 Reasons Why talking points.

We have also included a copy of the Letter to Parents shared via Peachjar. Thank you.

*Note: The intention of this message is not to recommend viewing this Netflix series; rather, it is intended to bring awareness to the series; and provide you with relevant information for the health and well-being of all OGSD students and families.*